

CITY OF OTSEGO

PARKS & Recreation



Visit the City's website to receive the most up-to-date information! Register online at www.ci.otsego.mn.us.

ALL CLASSES/EVENTS HELD AT PRAIRIE CENTER WITH THE EXCEPTION OF THOSE NOTED.

WINTER 2013/14 - PROGRAM GUIDE

HOLIDAY CRAFT SHOW

Save the date for a fun day out last minute shopping! Jewelry, purses, cooking products and samples, home cleaning products, body wraps, local handmade crafts, doll clothes, scrapbooking supplies, stamping tools, clothing boutiques, spices, cooking products, holiday decorations, blankets, thermal bags, candles, crochet items, hair accessories, rock it anywhere, Tupperware, baby blankets and hats, hot/cold aromatherapy packs, essential oils, skin care, health & fitness, and more! Support local artisans, crafters and small business owners.

- **Saturday, December 21**
- 10:30 a.m. -3:30 p.m.
- Free!



SANTA DAY

Santa Claus is coming to town on Saturday, December 14 from 10 a.m. to 1 p.m. at Prairie Center! This annual event hosted by the Parks and Recreation Commission is in its eleventh year. Planned activities include children visiting with Santa Claus, cookies and hot chocolate and horse drawn sleigh rides for the whole family. Quality Photo will also be present to take pictures of your children with Santa for purchase or you may bring a camera and take your own. People attending are also encouraged to bring food goods for donation to CAER in the spirit of the season.

FRIDAY NIGHTS AT THE MOVIES - FREE!

Bring your family and friends to Prairie Center and enjoy these favorite family movies on a large movie screen. Don't forget to bring your favorite blanket and treats!

- Fridays at 7:00 p.m.
- December 6** - Elf
- January 17** - Smurfs 2
- February 28** - The Great and Powerful Oz



YOUTH SNOWMOBILE TRAINING

Students can register if they will be 12 years of age or older by January 1, 2014. Students 16 years or older are encouraged to order and complete an adult CD from the Minnesota DNR. For the December 5th class there will be an outdoor driving course. Students need to dress for the weather and bring a helmet. The driving test will be held with or without snow on the parking lot. **2-Day Class.**

- Must Pre-Register by December 3.
- **Thursday, December 5**
6-9 p.m.
- **Saturday, December 7**
9:00 a.m.-1:30 p.m.
- \$5



KIDS NIGHT OUT IN PRAIRIE PARK

Come and have a fun time with all your friends. We will start with a pizza dinner and activities inside Prairie Center. Then we will brave the cold, go outside and explore Prairie Park. You will have an opportunity to skate, go sledding and warm up with a bonfire. After all the fun, we will come back inside and watch the movie "Smurfs 2" on a large movie screen. Please bring your blankets, skates, sleds and warm clothes.

- **Friday, January 17** 5:00 - 9:00 p.m.
- Children ages 6-12 years
- \$15

SAFE ON MY OWN

This safety class will teach children how to prevent and prepare for emergencies. Topics covered will be safety when home alone, phone safety, and basic first aid to help build confidence to empower our children to keep themselves safe.

- **Friday, February 21** 6:00 - 8:00 p.m.
- Ages 7 - 10
- \$10

BEGINNER ARCHERY CLASS

Midwest Archery is again partnering with the Otsego Parks and Recreation department to offer a great opportunity to kids 8 years and older. Future archers will spend 1/2 hour in the classroom as instructors show them the basics of archery. From the classroom, kids will head to the range and learn proper shooting techniques. As part of this program, participants will be given tow free range passes and equipment rental to gain more experience.

- **Monday, February 3** 6:00-8:00 p.m.
- Class held at Midwest Archery
- \$15



BASIC DANCE

This introductory class will teach basic dance techniques in a fun atmosphere. Some dance techniques learned are: grande jete, pirouette and a battlement. At the end of the last class, parents and friends are welcome to attend a dance performance.

- **Mondays and Wednesdays** January 13 - February 5
- 4-5 year olds; 6:00-6:45 p.m.
- 6-8 year olds; 7:00-7:45 p.m.
- \$30

KARATE FOR CHILDREN

Dojo Karate specializes in helping kids and adults develop a healthier mind and body through professional martial arts instruction. Students will learn respect, discipline and patience while gaining basic self-defense skills in a fun and positive environment. Karate training emphasizes stretching, strength and balance that benefits students in other physical activities. Each session will include a uniform (first session taken only), patch, and tattoo. Each 4-week session covers the same course material.

- **Tuesdays** 7:00-7:30 p.m.
- Ages 4 and Older
- **Session 1:** January 7, 14, 21 and 28
- **Session 2:** February 4, 11, 18 and 25
- **Session 3:** March 4, 11, 18 and 25
- \$40

FULL BODY BARRE FUSION

Come join us for one of the hottest new workouts. This class consists of a full body workout designed to give you chiseled abs, legs and arms as well as a lifted butt. This ballet inspired class focuses on isolated exercises, alignment, flexibility and posture as you work through targeted muscle movements. Barre Fusion is a great workout that brings strength, balance, and flexibility together. In this full body class, light weights will be incorporated but there will be no high impact or complicated cardio moves. No dance experience is required and all fitness levels will be accommodated. Come join this hot new class today!!

- **Tuesdays** 5:30 - 6:15 a.m.
- **Session 1:** January 7, 14, 21 and 28
- **Session 2:** February 4, 11, 18 and 25
- \$10

TINY TOT OPEN PLAY TIME

AGES NEWBORN-5 WITH PARENTS

Kids bring your parents or daycare providers to this super fun time together. There will be time to play, make a craft, read a story and have a snack with Miss Amy.

- **Thursdays** 10:00 a.m. - 11:30 a.m.
- \$2 a time per child
- Please check the website for days that Prairie Center is closed.
- Class will not meet: November 28 and December 26.

ZUMBA: DANCE YOUR WAY FIT

Dance Your Way Fit: Leave your inhibitions at the door and join the fun!! Zumba classes will have you moving to the beat in no time. Get ready to get lost in the music and dance your way to a firmer, better body. Zumba combines motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries. It is a 'feel happy' workout and you'll love the results. The routines are repeated week after week with additions every now and then to spice things up! Before you know it you are getting fit and your energy level is soaring!

- **Mondays** 5:30 - 6:15 a.m.
- **Session 1:** January 6, 13, 20 and 27
- **Session 2:** February 3, 10, 17 and 24
- \$10

TURBO KICK

Turbo Kick is a combination of intense kickboxing and dance moves, all perfectly choreographed to high energy and motivating music. It's the ultimate cardiovascular challenge that's a unique blend of intense intervals strength/endurance training, and a relaxing cool-down. Kick up your energy level, tighten and tone, sweat it out and kick off the pounds!! Turbo Kick requires no previous kickboxing experience or equipment.

- **Thursdays** 5:30 - 6:15 a.m.
- **Session 1:** January 9, 16, 23 and 30; \$10
- **Session 2:** February 6, 13, 20 and 27
- \$10

LOW IMPACT

Are you looking to get the most out of your workouts and you love high intensity but your joints no longer can handle the jumping and high impact exercises. In Low Impact you'll use your own body weight for metabolic intervals that alternate with low impact high intensity cardio for the ultimate fat burning workout. This class will utilize both low impact Hiit cardio and metabolic weight training in the same workout to maximize your results.

- **Wednesdays** 5:30 - 6:15 a.m.
- **Session 1:** January 8, 15, 22 and 29
- **Session 2:** February 5, 12, 19 and 26
- \$10



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